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### **Time for Grandparents**

## **GRAND MATTERS NEWSLETTER**

December 2016 25%



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#### **THOUGHT OF THE DAY**

The future depends on what we do in the present.

- MAHATMA GANDHI

#### **Contact Details**

**Time for Grandparents Program** PO Box 2376

Chermside Central QLD 4032

Ph: 1300 135 500

E: grandparentsinfo@uccommunity.org.au W: www.grandparentsqld.com.au

### **Grandchildren's Activities Term 1 Renewal Reminder**

Are we funding term-based activities for your grandchildren? If so, please remember you need to contact us prior to the commencement of each term to discuss continuing your grandchild's choice of activity and the availability of funding. We need the following information from you in order to process the payment as quickly as possible: 1) Name of the activity provider or club 2) Contact person's name and phone number/email 3) Sign-on date, activity start and finish date; and the cost of the activity. You can phone us on 1300 135 500.

#### **ThinkUKnow**

**App & Website Factsheets** 

#### Do your Grandchildren use these apps or websites?

Instagram | YouTube | Facebook | Kik Messenger | Twitter Minecraft | Askfm | Snapchat















ThinkUKnow is a free internet safety program that provides accessible cyber safety education. This organisation has developed factsheets on the above apps and websites which are commonly accessed by children and youth. Learning about how your Grandchildren use certain apps and websites, can help protect their privacy as well as identify and prevent inappropriate behaviour.

#### What do the factsheets cover?

- The purpose of the app or website
- Age restrictions
- Potential problems
- Recommended privacy settings
- Blocking offensive users
- Limiting or turning off location settings
- **Deleting accounts**
- Disabling certain functions

If you would like a factsheet on any of the above apps or websites, phone the Time for Grandparents Program on 1300 135 500 and we will send you one in the mail.

#### **Events for the Grandchildren**

If you would like to find child and family-friendly events occurring throughout Queensland each month, click here or visit the Events section on our website.

#### Tell us what you think

UnitingCare Community values all compliments, complaints and feedback. To provide a compliment, make a complaint or offer feedback you can call us on 1300 135 500.

#### **Contribute to the Newsletter**

If there is information on a particular topic that you would like to see included in our newsletter, or you would like to share your story with others then please send your thoughts or ideas to our contact details to the left. All ideas are welcome.



# Get Started Vouchers Round 9

#### Round 9 applications open 25 January 2017:

Get Started is a program funded by the Queensland Government that assists young people to participate in sport and recreation activities. This funding is separate from (and in addition to) funding available through our own Time for Grandparents program. Families of eligible children can apply for vouchers valued at up to \$150 for use at a sport or recreation club registered with Get Started. The next round of voucher applications will open on the 25 January 2017. The vouchers must be presented to a registered club by 12 May 2017. There is a limit of one voucher per child per calendar year. If your voucher expires you will not be able to apply for another one until the next calendar year.

As it is a web based application, if you do not have access to a computer please contact Time for Grandparents as we may be able to assist. Please call prior to the open date so we can organise a permission form to apply on your behalf. Our number is 1300 135 500.

#### Who is eligible?

Children aged 5 - 17 years (inclusive) who are Queensland residents and hold, or whose parent, carer or guardian holds a Centrelink Health Care Card or Pensioner Concession Card with the children listed as dependants.

#### **Need More Information?**

Phone: Smart Service Queensland on 13QGOV (13 74 68)

Email: getstarted@nprsr.qld.gov.au

Web: <u>www.nprsr.qld.gov.au/getinthegame</u>



# Smoke Alarms New Law Changes

The Queensland Government passed new smoke alarm legislation that specifies that every Queensland residence will need to be fitted with photoelectric, interconnected smoke alarms in all bedrooms and hallways. These photoelectric smoke alarms can be hardwired by an electrician or there is an option to install alarms that can be interconnected wirelessly and contain a 10 year lithium battery.

There will be a 10 year phased rollout of the legislation, but any significantly renovated or new houses completed after 1 January 2017 will need to comply. All houses leased or sold will also need to meet compliance after 5 years and all owner-occupied private dwellings will need to be compliant within 10 years.

The Queensland Fire and Emergency Services have information sheets on photoelectric alarms, selecting, placing and maintaining smoke alarms. These information sheets can obtained from their <u>website</u> or by phoning Time for Grandparents on **1300 135 500**.

# Department of Human Services Reminders

#### Youth Allowance or ABSTUDY

If your grandchild receives a Youth Allowance or ABSTUDY payment, this is a reminder to complete your annual parental income test reassessment. If this is not done by the 1 January 2017 your



grandchild's payments may cease until this information is provided.

You should have received a letter in the mail if you are required to complete the reassessment. This letter is normally sent between late September and early October each year.

#### **School Kids Bonus**

This is a reminder that the School Kids Bonus was discontinued in July 2016. This means that, unlike previous years there will be no payment in January 2017.

### Message Stick

#### **Aboriginal and Torres Strait Islander**

**News, Articles & Information** 



Murri Christmas to all you deadly Grandparents and Grannies



Hope you all stay safe, stay well and enjoy the festive (silly) season. In this Christmas edition of Grand Matters, I thought I would include information and news that might interest you.

#### **Our Grandchildren Excelling in Sporting Achievements**

Many Murri and Islander grandchildren participate in sports and recreational activities and not only enjoy playing, but they excel in their chosen sport. Pictured are grandchildren siblings Chloe & William of Brisbane, who were Winners at the 2016 National Aboriginal & Torres Strait Islander National Golf Championship. Chloe is the 2016 Junior Nett Winner and William is the 2016 Junior Gross Winner. The 2016 National Golf Championships were held at Nudgee & Virginia Golf Clubs on 18-21 October. We would love to hear from other Grandparents when their grandchildren have "made them proud" perhaps by the child winning his/her first race at school or doing a sport where they seem to be a natural. Our children are Champions...



#### The Pathfinders National Aboriginal Birth Certificate Program

About 1/3 of all Aboriginal children born in Australia each year (6,000) do not register their births or obtain birth certificates in their first year of life. This makes them particularly vulnerable to missing out later in life. Birth certificates are required to enrol your grandchild/grandchildren in school. Birth certificates are also required by sporting clubs if children are to participate in sporting activities.

Pathfinders is a not-for-profit organisation and is funded by the Australian Government to provide free birth certificates for young Aboriginal people aged 0-21 years. Pathfinders collaborate with community groups and organisations to provide sign-up days. Sign-up days are held in accessible and friendly community venues, where people feel comfortable and if necessary, can obtain confidential and culturally appropriate help when applying for birth certificates. Don't be caught out when you start your grandchildren at school, be prepared and have your child's birth certificate ready.

Contact the Time for Grandparents program on **1300 135 500** if your grandchild/grandchildren (0-18 years) needs a birth certificate and we will assist you. You can ask to speak to our Aboriginal worker Dulcie to help you through the process of applying for a birth certificate.

(Please provide 3 documents listed below in order to apply for your free birth certificate)

Category 1 (You need one from here)	Category 2 (You need two from here)	Proof of Guardianship (You need one from here)
Driver's License	Medicare card	Child's name on Medicare card
Passport	Credit or Debit card	Child's name on Centrelink card
Firearm's License	Proof of Age card	Letter from your GP
RTA or RMS Photo card		Letter from Centrelink

#### What's On Across Queensland Christmas Events

#### **Sunshine Coast**

◆ Treehouse Initiative Christmas Party - Bokarina (10 Dec) Phone: 07 5437 7666

◆ Nambour Community Carols (9 Dec) Phone: 07 5441 1028

◆ Christmas in Cooroy (3 Dec) Phone: 0403 023 802

#### **Gold Coast**

◆ Elanora Carols in the Park (3 Dec) Phone: 07 5522 4488

◆ Coolangatta Christmas Carols (11 Dec) Phone: 07 5534 3500

 Surfers Paradise Carols on the Beach (18 Dec) Phone: 07 5584 3700

#### **Central QLD & Wide Bay**

 ◆ Pageant of Lights - Bundaberg (1 Dec) Phone: 1300 883 699

Carols in the park - Maryborough (11 Dec) Phone: 07 4196 9600

New Year's Eve - Hervey Bay
 (31 Dec) Phone: 07 4196 9600

#### Toowoomba & South West QLD

Carols by Candlelight - Toowoomba
 (4 Dec) Phone: 07 4528 2073

◆ Gatton Christmas Carnival (16 Dec) Phone: 1300 005 872

◆ Christmas Carols - Withcott (17 Dec) Phone: 0458 732 791

#### **Brisbane**

◆ Christmas Parade - Brisbane City (16-24 Dec) Phone: 07 3403 8888

Christmas Carols - Caboolture
 (18 Dec) Phone: 07 38974903

Christmas Express - Ipswich (18 Dec) Phone: 07 3432 5100

#### **North QLD**

◆ Carols by Candlelight - Cairns (11 Dec) Phone: 07 4044 3044

♦ Babinda Christmas Wonderland Experience (10 Dec) Phone: 0413 132 173

> ◆ Carols By Candlelight - Townsville (4 Dec) Phone: 07 4775 4722

#### **White Christmas Tree Pops**

- 550g white chocolate, chopped
- 100g copha
- 1/3 cup pistachio kernels, toasted, chopped
- 1/2 cup dried cranberries, finely chopped
- 3/4 cup desiccated coconut
- 2 1/2 cups puffed rice cereal
- 160g packet M&M's Minis to decorate



**Step 1** Grease a 6cm-deep, 22cm round (base) spring form pan. Line base and side with baking paper.

**Step 2** Place 500g chocolate and copha in a large microwave-safe bowl. Microwave on HIGH, stirring with a metal spoon halfway through, for 2 minutes or until melted and smooth. Add pistachios, cranberries, coconut and puffed rice cereal. Stir until well combined. Press mixture firmly and evenly into prepared pan. Smooth surface. Refrigerate for 1 hour or until set.

**Step 3** Trim lollipop sticks to 11cm long. Remove White Christmas from pan and place on a chopping board. Using a sharp knife, cut into 10 wedges. Carefully insert 1 white and 1 blue lollipop stick into rounded edge of each wedge to resemble Christmas trees.

**Step 4** Place remaining chocolate in a microwave-safe bowl. Microwave on HIGH for 1 minute or until melted. Spoon into a snap-lock bag. Snip off 1 corner. Using picture as a guide, decorate Christmas trees, using melted chocolate to attach M&M's. Stand for 20 minutes or until set. Serve.

www.taste.com.au/recipes/42543/white+christmas+tree+pops?ref=collections,christmas-kids-gifts

# Christmas Finances Easing the burden this Christmas

Christmas can be a time of year filled with joy and happiness but it can also be a very challenging time of year for families finding it tough to make ends meet. There can be a lot of added expense involved in trying to provide presents and a Christmas meal for the kids.



If your family is struggling, it may be possible that our Time for Grandparents program can assist you with linking in with support agencies who can provide some Christmas relief, often by providing a community Christmas lunch or a

Christmas hamper.

Do not hesitate to call us if you are struggling to make ends meet this year. Please note that we cannot guarantee we will be able to find an appropriate service in your area, but we will certainly do our best to help you. You can phone the Time for Grandparents program on **1300 135 500**.

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Snowman

Santa

Roast

Carols

**Stocking** 

Reindeer

Giving

Wreath

Cracker

Fairy lights

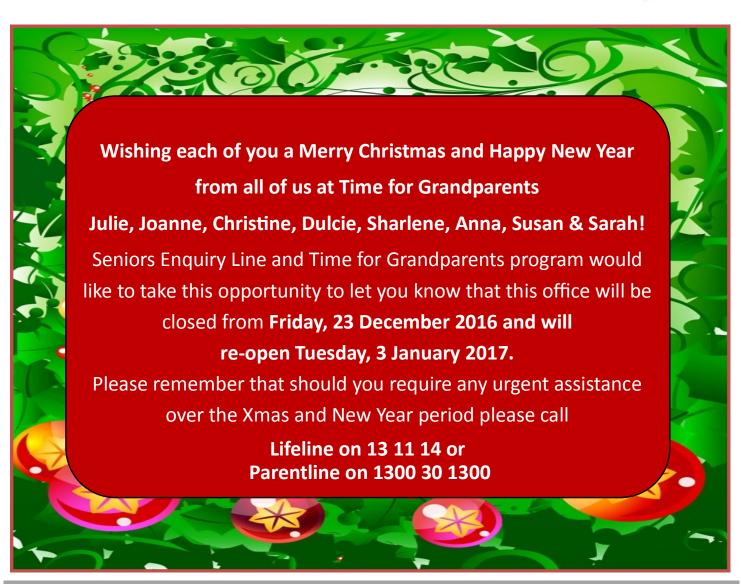












### **Grandparent Useful Contacts**

Time for Grandparents Program - 1300 135 500

Centrelink Grandparent Advisor - 1800 245 965

Centrelink Social Workers - 132 850

Kids Helpline - 1800 551 800

Bravehearts - 1800 272 831

Lifeline Crisis Line - 13 11 14

Parentline - 1300 301 300

Beyond Blue - 1300 224 636

ARAFMI - 1800 351 881

Relationships Australia - 1300 364 277

Legal Aid Advice Line - 1300 651 188

Financial First Aid - 1800 007 007

Family Relationships Advice Line - 1800 050 321

Elder Abuse Prevention Unit - 1300 651 192

### **Grandparent Support Groups in QLD**

In an effort to keep information current, if you find any of these details to be incorrect or if you know of any additional groups, please phone us on 1300 135 500 or email us at grandparentsinfo@uccommunity.org.au

#### **GOLD COAST**

## **Broadbeach Waters - Grandparents & Grandkids Support**

Phone: (07) 5504 6178

Information and support for grandparent carers,

regular meetings if in demand.

#### **CENTRAL QLD & WIDE BAY**

## Hervey Bay - Wide Bay Support 4 Grandparents & Carers

Phone: Karen Rogers 0457 857 457 Email: kazzarogers 6439@msn.com

Fortnightly meetings for support, care and advice

whilst children are being supervised.

#### **Rockhampton - Grandparents Support Group**

Phone: Louise (07) 4926 5007 Email: ronje1@optusnet.com.au

Weekly meetings for information, support &

companionship.

#### **NORTH QLD**

#### **Mackay - Grandparent Support Group**

Phone: Debbie 0423 749 552 or Kellie 0434 035 124 Meets 4th Wed of the month to share issues and concerns and connect with other grandparents.

#### TOOWOOMBA & SOUTH WEST QLD

#### **Toowoomba - Grandparent Support Group**

Phone: May Benstead 0439 717 586

Fortnightly meetings for support, care and advice

whilst children are supervised.

#### SUNSHINE COAST

#### **Bokarina - Grandparents as Parents**

Phone: Melissa Evans (07) 5413 1500

As needed meetings for support, information and

companionship.

### Buderim - Grandparents Raising Children Playgroup

Playgroup

Phone: Michelle Poole (07) 5453 4938 Email: mpoole@playgroupqld.com.au

Weekly playgroup for any grandparent providing care for their grandchildren under school age to obtain support and interaction from like-minded people.

#### **Gympie - Grandparents and Grandchildren Society**

Phone: (07) 5482 9012

Regular meetings and support for grandparent

carers.

#### **BRISBANE & WEST MORETON**

#### **Ascot - Grandparent Playgroup**

Phone: 1800 171 882

Weekly meetings for you to socialise with other grandparents and for your grandchildren to enjoy spending time with other children.

#### **Deception Bay - Grandparents Support Group**

Phone: (07) 3204 2022

Fortnightly meetings for support, care and advice whilst children are being supervised.

#### Disclaimer:

The materials and information included in this edition of the "Grand Matters" newsletter are provided as a service to you and do not necessarily reflect endorsement by the Time for Grandparents Program. The Time for Grandparents program is not responsible for the accuracy of information provided from outside sources. Groups and workshops detailed in this flyer are for your information and are not coordinated by or connected to Seniors Enquiry Line or the Time for Grandparents Program in any way unless specified. If you know of a support group that is not listed, please let us know.